



Tiffin

Indian Cuisine

Albir

Discover authentic indian cuisine in Tiffin Albir...
Its colors, flavors and culture will
make you feel like you are in wonderful India.

Tiffin is a term that refers to the taking of a light meal in the midday. It is an English Indian word derived from the English colloquial “tiffing”.

In the British Raj, the British custom of afternoon tea was supplanted by the local Indian practice of taking a light meal at that hour, which came to be called tiffin.

Tiffin is also the name of the recipient in which such meal is kept and transported



Gluten



Crustaceans



Eggs



Fish



Peanuts



Soya



Dairy



Celery



Mustard



Sésam
Grains



Shell
Fruits



Sulphites



Sweet
Lupins



Mollucs

Appetizer:



- 🌱🌱🌱 Papadom: Large, crispy lentil flour and cumin wafers, accompanied with 3 sauces: mint, mango and onion 1,00 €

Cold Starters

- 🌱 Mixed Salad: Pepper, cucumber, tomatoes, onion & green leaves 5,50 €
- 🌱🌱 Special Salad: With free-range chicken, prawns & green leaves 7,90 €
- 🌱 Channa Chaat: Spiced chick peas with potato, onion, tomato & cucumber 4,50 €
- 🌱🌱 Punjabi Raita: Spiced yogurt with raw cucumber & onion 3,00 €

Warm Starters Soups



- 🌱🌱 Dal Soup: Yellow lentil soup 4,00 €
- 🌱🌱 Saag Soup: Spinach soup 4,50 €
- 🌱🌱 Tomato Soup 4,00 €
- 🌱🌱 Ginger & Garlic Soup 4,50 €

Warm Starters: Deep Fried

- 🌿🌱 Vegetable Samosa : 4,50 €
Triangular pastry filled with mixed vegetables (2 uds)
- 🌿🌱 Keema Samosa : 5,00 €
Triangular pastry filled with minced lamb (2 uds)
- 🐟🌿🌱 Prawn Puree: 6,50 €
King prawns in curry sauce, served on fried whole wheat homemade bread
- 🌿🌱 Channa Puree: 4,90 €
Chick peas & onion, served on home made fried bread
- 🌿🌱 Onion Bhaji: 3,95 €
Golden brown onion cake coated in gram flour
- 🌿🌱 Aloo Tikki: 3,90 €
Potato, onion, cumin, ginger & cheese cake, golden brown
- 🌿🌱 Vegetable Pakora: 5,00 €
Fresh vegetables in gram flour, crispy deep fried
- 🥛🌿🌱 Paneer Pakora: 5,00 €
Homemade Indian cheese with mint filling, deep fried
- 🌿🌱 Chicken Pakora: 4,90 €
Free-range chicken in gram flour, crispy deep fried
- 🐟🌿🌱 Fish Pakora: 6,50 €
Fresh fish in gram flour, crispy deep fried



Vegetable Pakora

Tandoori Dishes: cooked in our charcoal oven

*As a main course they are accompanied by mild,
medium or hot curry sauce*



Starter / Main

- | | |
|---|------------------|
| 🔥 <i>Seekh Kebab: Spiced minced lamb, grilled and served on skewer</i> | 5,50 € / 10,50 € |
| 🍴🍴 <i>Malai Tikka: Free-range chicken breast marinated in a mild Mughlai Sauce and into the tandoor</i> | 5,50 € / 10,50 € |
| 🍴 <i>Chicken Tikka: Free-range chicken breast marinated in yogurt</i> | 5,50 € / 10,50 € |
| 🍴 <i>Chicken Tandoori: Free-range chicken legs marinated in yogurt</i> | 5,50 € / 10,50 € |
| 🍴 <i>Lamb Tikka: Lamb marinated in yogurt and cooked in the tandoor oven</i> | 6,90 € / 12,50 € |
| 🍴🍴 <i>Fresh Fish Tikka: Fresh Fish marinated in yogurt and cooked in tandoor oven</i> | 13,50 € |
| 🍴 <i>Panner Tikka: Home made Indian cheese panner cooked in tandoor oven</i> | 12,00 € |
| 🍴 <i>Mushroom Tikka: Fresh mushrooms marinated in yogurt and cooked in the tandoor oven</i> | 11,00 € |
| 🍴🍴 <i>Prawn Tandoori: King prawn marinated in yogurt and cooked in the tandoor oven</i> | 6,90 € / 13,50 € |
| <i>Special Tandoori: Chicken and Lamb Tikka, Tandoori Chicken and Prawns, Seekh Kebab</i> | |

14,95 €

Vegetarian (Please ask for our vegan options)

All our sauces may be ordered mild, medium or hot



<i>Aloo Gobhi: Cauliflower and potatoes cooked with herbs & spices</i>	8,20 €
<i>Tarkadal: Yellow Indian lentils in cumin seeds & ginger sauce</i>	8,20 €
● <i>Dal Makhani: Black lentils in butter sauce</i>	8,20 €
<i>Chana Masala: Chick peas cooked with onion, tomato, herbs & spices</i>	8,20 €
● <i>Paneer Makhani: Home made Indian cheese panner in butter sauce</i>	9,00 €
● <i>Saag Paneer: Home made Indian cheese in fresh spinach sauce</i>	8,50 €
● <i>Paneer Chilli Hot: Home made Indian cheese with peppers & green chilis</i>	9,00 €
● ● ● <i>Nau-Ratan Korma: Home made Indian cheese in a very mild sauce made with mixed vegetables, fruits, cashew nuts & almonds</i>	8,90 €
● ● <i>Mushroom Chilli Hot: Fried in gram flour, peppers & green chilli sauce</i>	8,90 €
● ● <i>Bagun Bartha Special: Aubergine cooked in the tandoori oven</i>	8,50 €
● <i>Vegetable Karahi: Served in a wok and garnished with fresh coriander</i>	8,50 €
● <i>Bhindi Massala: Indian lady fingers with onion, tomato and ginger</i>	8,50 €

Main courses in Sauce

1. Choose your main ingredient

Fresh Veggies: 8,50 € / Free-Range Chicken: 9,90 € / Lamb: 10,50 € / Fresh Fish: 12,95 € / King Prawns: 12,95 €

2. Combine with the sauce of your choice:

Very Mild Sauces

- Korma: Cream, cashew nuts & coconut curry sauce
- Mango: Very mild sauce, made of mango & cream
- Badam Pasanda: Cream, coconut, almonds & spices

Medium Sauces

●○○○ Curry

Saag: Spinach and herbs

Dopiaza: Onion spices and curry

●○○○ Khumwala: Cream, mushrooms, ginger & garlic

Dansak: Lentils, lemon & curry sauce

Balti: Chick peas, fresh coriander and masala sauce

Punjabi: Mushrooms, onions, masala sauce,
green peas, ginger and garlic

Rogan Josh: Onion, tomatoes and spices



Korma

Main courses in Sauce

Medium-Hot Sauces

- 🌶️🌶️🌶️ Patya: Sweet and sour sauce with fresh herbs and spices
- 🌶️🌶️🌶️ Bhuna: Thick onion and spices sauce
- 🌶️🌶️🌶️ Jalfrezi: Onions, tomatoes, peppers
- 🌶️🌶️🌶️ Indian Spicy Korma: Creamy curry sauce with coconut, almonds & cashews. Spiced

Hot Sauces

- Madras: South Indian hot sauce, red peppers and indian spices
- Vindaloo (very hot): With potatoes and herbs
- Phal (very, very hot!!): Peppers and hot spices



Specialities:

Masala dishes (medium): marinated in yogurt, with fresh tomato & cream sauce

🍗🍗 Free-Range Chicken Tikka Masala	10,50 €
🍗🍗 Lamb Tikka Masala	11,90 €
🐟🍗🍗 Fresh Fish Masala	12,95 €
🍗🍗 King Prawn Tandoori Masala	12,95 €

Chilli Hot Dishes (hot): Fried in gram flour, with a peppers & fresh green chilli sauce

🍗🍗 Free-Range Chicken Chilli Hot	10,50 €
🐟🍗🍗 King Prawn Chilli Hot	12,95 €
🐟🍗 Fresh Fish Chilli hot	12,95 €

Butter Sauce dishes (medium): Marinated in yogurt, with fresh tomato & fenugreek leaves sauce, with butter

🍗 Free-Range Butter Chicken	10,50 €
🍗 Butter Lamb	11,90 €

Specialities:

- ❶ Chicken Shashlik: free-range chicken with pepper, tomato and onion in onion sauce 11,90 €
- ❶ Alishan Tikka: Boneless free-range chicken Tikka in tandoori oven cooked with onion, peppers, ginger, chick peas and special spices, served on a hot plate 12,90 €
- Royal Lamb (alcoholic): Tender pieces of lamb cooked with peppers, onions, tomatoes in a special sauce made with herbs and cognac 12,00 €
- ❷❶ Gambas Goan Curry: King prawns in curry made with coconut milk & tamarind and small touch of Indian Chillli 13,00 €
- ❷❶ Fish Bangali: Fresh fish cooked in ginger garlic sauce with fenugreek leaves and touch of lemon 13,00 €
- Keema Madras (Hot): Minced lamb meat cooked with south Indian hot sauce & red peppers 11,00 €

Karahi dishes (Medium): Spiced sauce of ginger, garlic, tomatoes, onions & peppers, in a wok

- ❶ Free-Range Chicken Tikka Karahi 10,50 €
- ❶ Lamb Tikka Karahi: 11,90 €
- ❷❶❶ Fresh Fish Karahi 12,95 €
- ❷❶ King Prawn Tandoori Karahi 12,95 €



Accompanied with:

Bread: All our breads are homemade and baked in our tandoor oven

Wheat Flour Breads

🍷🍷 Plain Naan	2,70 €
🍷🍷 Cheese Naan	3,20 €
🍷🍷 Garlic Naan	2,90 €
🍷🍷🍷 Pashawari Naan: <i>sweet naan, with coconut and dried fruits</i>	3,20 €
🍷🍷 Butter Naan	2,90 €
🍷🍷 Aloo Kulcha: <i>with mashed potatoes</i>	3,50 €
🍷 Keema Naan: <i>bread filled with minced meat</i>	3,50 €



Whole Wheat Flour Breads

🍷 Chapati: <i>thin bread</i>	2,20 €
🍷 Aloo Paratha: <i>layers of baked dough stuffed with mashed potatoes</i>	3,50 €
Gluten free bread	3,50 €

Any of our rices:

🍷 Pilau Rice: <i>with cinnamon and cardamom</i>	2,70 €
🍷 Lemon Rice: <i>with lemon flavour</i>	3,20 €
🍷 Mushroom Rice: <i>with cinnamon, cardamom and fresh mushrooms</i>	3,20 €
🍷🍷 Coconut Rice: <i>with coconut flavour</i>	3,50 €
🍷🍷 Fried Rice: <i>with mixed vegetables</i>	3,50 €



Fancy something different?



Biryani: South Asian reice dishes, served with separate mild, medium or hot curry sauce

- ① Vegetable Biryani: *with fresh vegetables* 9,80 €
- ① Chicken Biryani: *with free-range chicken* 11,50 €
- ①① Lamb Biryani: *with lamb* 12,90 €
- ①① King Prawn Biryani: *with King prawns* 13,50 €

Children´s Dishes

- ①① Chicken Korma: *Free-range chicken in a creamy, cashew nuts & coconut sauce* 7,90 €
Accompanied by plain rice
- ① Mango Chicken : *Free-range chicken in a very mild sauce made with mango* 7,90 €
Accompanied by plain rice
- 🍷🍷🍷 Free-Range Chicken breast with chips 7,00 €
- 🍷🍷 Omelette (free range eggs) & chips 5,90 €
- 🍷🍷🍷🍷 Fish & chips 8,00 €
- ① Portion of Chips 2,70 €





*In India we love
colours...
but not in our food!*



*In Tiffin we don't use any artificial colours or additives.
Our kitchen cooks only with natural ingredients and healthy spices
which give our dishes that special touch.*

*Have you chosen your main course?
Now combine it with any of our breads or rices and ...
enjoy your meal!*





*En India nos encantan los colores...
¡pero no en la comida!*



*En Tiffin no utilizamos colorantes ni otros aditivos artificiales.
Cocinamos con ingredientes naturales y saludables que le dan a
nuestros platos ese toque especial.*

*¿Ya has encontrado tu plato principal?
Combínalo con cualquiera de nuestros panes o arroces y...
¡que aproveche!*



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